

You are not alone.



helpgreeneville

Free help in Greene County for food, shelter, recovery, and more.

Calls are free. You can call for yourself or for someone you care about.

OPEN 24 HOURS A DAY, 7 DAYS A WEEK

911

Emergency or overdose (call)

988

Crisis, suicide, or mental health (call or text)

800-889-9789

TN REDLINE: help finding drug or alcohol treatment (call or text)

877-928-9062

Frontier Health crisis team: local, can meet you in person (call)

DRUG & ALCOHOL RECOVERY

TN REDLINE

800-889-9789

Call or text • 24/7 • Free and confidential

Tells you where to get treatment near you, including detox and programs that take TennCare or no insurance.

Frontier Health Victory Center

423-638-4540

616 E. Church St., Suite A, Greeneville

Counseling and support for addiction and mental health. Accepts TennCare.

Nolachuckey Mental Health Center

423-639-1104

Frontier Health • 401 Holston Dr., Greeneville

Outpatient counseling and case management.

Greene County Thrives

423-525-6719

Formerly the Anti-Drug Coalition • 1106 Tusculum Blvd., Suite 309

Free Narcan and training. Connects people and families with treatment, recovery groups, and support.

Christian live-in recovery

Men: Exodus 14 Ministries, **423-278-2701** (intake line open 24/7).

Women and mothers: Recovering Hearts at Holston Home, **423-500-4046**

Free Narcan (overdose reversal)

No ID, no insurance, no questions asked

Free boxes at **Baileyton Town Hall**, 6530 Horton Hwy, and **Community Pharmacy**, 1402 Tusculum Blvd.

SHELTER & SAFETY

Opportunity House

423-638-4099

203 N. Irish St., Greeneville

Shelter and transitional housing, with meals, clothing, travel help, recovery programs, and help finding work and housing.

C.A.R.E. Center

423-549-3259

766 W. Andrew Johnson Hwy, Greeneville

Daytime center with meals, clothing, and help with jobs, medical needs, and rides. On freezing nights, call about the overnight warming shelter. Free clothes and household items at their thrift store, 412 E. Bernard Ave.

CANUP

423-500-8857

Coalition Addressing the Needs of Unhoused People • canup.org

Food bags, hygiene items, clothes, and help finding a place to stay.

MATS Shelter, Morristown

423-587-9215

733 W. Main St., Morristown

Shelter for men, women, and children if local beds are full.

CHIPS: Domestic Violence Help

423-743-0022

Safety, shelter, and support if someone is hurting you or you feel unsafe at home.

Turning Point Crisis Walk-In

423-926-0940

208 E. Unaka Ave., Johnson City • Open 24/7

Walk in any time during a mental health or substance crisis.

FOOD & EVERYDAY NEEDS

**Greenville-Greene County
Community Ministries** **423-638-1667**

107 N. Cutler St., Greenville • Call for pantry hours

Food pantry, plus help with power bills, winter heating,
free firewood, and medications.

**Seventh-day Adventist
Community Services** **423-639-7127**

120 Idletime Dr., Greenville

Food boxes Tuesdays 9 am–1 pm (bring proof of income).
Free clothing Mondays 9–11 am.

**Tabernacle Mission Soup
Kitchen** **423-342-7006**

715 Wesley Ave. • Wednesdays, 11:30 am–1:30 pm

Free hot meal.

**Meals on Wheels & Senior
Lunch** **423-928-3258**

Roby Fitzgerald Adult Center, 203 N. College St.

For ages 60 and up or adults with a disability: meals
delivered at home, or weekday lunch at the center.

**United Way of Greene County
Helpline** **423-639-9361**

115 Academy St., Greenville

Not sure where to start? They'll connect you to the right
local program. You can also dial **211**.

POWER & HEATING BILLS

**UETHDA, Greene County
Office** **423-246-6180**

1325 Kingsport Hwy, Greenville

Help with power and heating bills (LIHEAP), plus rent help
and home weatherization. Apply each fall.

Baileyton Community Chest **423-234-6911**

6530 Horton Hwy, Greenville

Help with utility bills.

HEALTH CARE & BENEFITS

**Greene County Health
Department** **423-798-1749**

750 Edens Rd. (new building, opened July 2026)

Checkups, shots, WIC, dental, and STI testing. No one is
turned away for not being able to pay.

**SNAP (food stamps) & Families
First** **833-772-8347**

Apply at OneDHS.tn.gov or the county DHS office

Monthly help buying groceries, and cash help for families
with children.

TennCare (health coverage) **855-259-0701**

Apply at tenncareconnect.tn.gov or by phone

Free or low-cost health insurance. Covers doctor visits,
mental health care, and addiction treatment.

WORK & GETTING BACK ON YOUR FEET

**American Job Center,
Greenville** **423-588-5600**

128 Serral Dr., Greenville • Mon–Fri, 8 am–4:30 pm

Free help finding a job, writing a résumé, and getting a
GED or job training. Free computers and phones to use.

When you call, it helps to:

- Say plainly what you need: food, a bed tonight,
treatment, a bill paid.
- If the first place can't help, ask: "Who else should I call?"

Someone here cares about you.

Name: _____

Phone: _____

Church: _____

helpgreenville.org

